

2023

OUR PEOPLE
OUR PARK
OUR COMMUNITY



HOLIDAY PROGRAMME

APRIL 11TH - 21ST, 2023
FOR CHILDREN 5 TO 12 YEARS



SCHOOL HOLIDAY PROGRAMME

CHECK OUT
OUR AUTUMN
TREAT

APRIL WEEK 1

11TH – 14TH APRIL 2023

MON 10	NO PROGRAMME Easter Monday	NO PROGRAMME Easter Monday	NO PROGRAMME Easter Monday
TUE 11	Trampoline Jump start the holidays on all types of trampolines	Gym Games We have favourites and also have new ones to play	Ropes and Balls The long and short, the big and small.
WED 12	Outdoor Games Oldie but goodie games to play outside in the fresh air	Hot Potatoes! We'll bake, mash, flavour and grill 'em for yummy eats	Build your Playground Use your imagination to build your own fun circuit
THU 13	Gymnastic Circuits Coaches build circuits to challenge your skills	Rhythmic Challenges So much skill needed to handle balls, ropes, ribbons and hoops	Trampoline We'll pull out all the equipment we have for you to bounce on
FRI 14	Swings and Things So many ways to swing from and on things in the gym	Magic Strings 'Handy' string games to know! It'll keep you amused for hours.	Movie In our own private theatre for a movie to wrap up the week

APRIL WEEK 2

17TH – 21ST APRIL 2023

MON 17	Gym Games Missed the fun last week? We have other games this week	Bubbles We're outside making and setting bubbles flying in the air	Nerf Games We'll build forts and defend them with Nerf dart guns
TUE 18	Box Your Food Craft a food box for what is to come. We'll be baking today.	Pizza Surprise Make the kind of delicious pizzas....with a twist	Spring and Bounce Lots of jumping and rebounding for everyone
WED 19	Rhythmics Balls, ropes, hoops and ribbons - Easy Rhythmic skills to learn	Pretty Poppies We'll make ANZAC Day poppies to 'plant' outside	Challenging Games Individual challenges. Put your best foot forward to score for your team
THU 20	Team Challenges Pit races and many more Team challenge favourites	Autumn in the Park We go on an adventure in the Park to find golden treasures	Movie Magic Time to rest and relax with a movie in our very own theatre
FRI 21	Trampolines BRING SOCKS if you don't want to miss out	Mum's the Word Let's make a gift for Mum for the coming Mothers' Day	Gymnastics Round Up Final play in the gym before we go back to school



SCHOOL HOLIDAY PROGRAMME

BRING YOUR
SENSE OF FUN
AND
ENJOYMENT

Come play for the day or for the week in our amazing gymnastic centre and out and about our massive Park. Try some new and creative activities. A great way to meet and make new friends and have a go at our challenges together.

Our popular programme fills up fast. Enrolment on the day may be declined if we are full.

Please call the office first to check for vacancy on the day.

Our programme provides a range of sport opportunities, games galore and art and craft creative sessions. Activities are tailored to the level of age groups, in a friendly and safe environment. Our trained and experienced coaches provide constant care and supervision

Each day of the Holiday Programme, children will have a 'Gymnastic' session as a component of the day. We also include Art and Crafts, Baking, Ball Sports and Outdoor Activities to take in the natural environment around our sprawling Park setting. Our weekly schedule, includes a variety of physical activities – of challenges and activities to engage the children and to have fun! Our programme activities are based at the Pulman Recreation Centre and we will venture out to other facilities in Bruce Pulman Park. From time to time, we may change the activities due to weather conditions and circumstances beyond our control.

We prefer to hold funds in credit. Cancellations and/or refunds will incur a \$15 fee per transaction (admin & bank charges) No credit for cancellations or absences on the day.

OUTDOOR

BALL SPORTS

BAKING


GYMSPORTS

ART & CRAFT



**OTHER
INFORMATION**

IMPORTANT INFORMATION




**HOW WE
ROLL...**



\$200 FULL WEEK | \$45 A DAY | \$30 HALF DAY
BEFORE CARE (FROM 8AM) \$8 | AFTER CARE (3PM - 6PM) \$15
HALF DAY MORNING 9AM-12PM | HALF DAY AFTERNOON 12PM-3PM

Parents and caregivers. To assist us to make this an enjoyable, fun and safe experience for your child. Please:

- **Ensure your child is suitably dressed for physical activities. Please pack a spare change of clothes in case of accidents or especially when we plan for a messy or wet activity**
 - **Make sure your child brings or has, sunscreen, hat, a showerproof jacket, socks (for Trampoline), and suitable outdoor shoes!**
 - **All children must wear footwear to and from the Centre**
 - **Inform us of any allergies**
 - **Provide your child with sufficient food and drink daily, for morning tea break and lunch, plus afternoon tea for children staying for After Care**
 - **Leave all electronic devices at home**
 - **Sign in and sign out at drop-off & pick-up times**
 - **Keep children home if they are unwell or showing Covid symptoms**
 - **We reserve the right to change the activities due to unforeseen circumstances.**
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Register online now!



Bruce Pulman Park
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email: gymnsport@brucepulmanpark.com

